



## MEET THE COACHES

### **Laura Baner-16 Gold**

Hi, my name is Laura Baner. I am a fifth grade teacher at Olympia South Elementary. My husband and I live in Normal. I am originally from Eureka, IL. I played volleyball for Eureka High School and several club teams. I enjoy playing in sand volleyball leagues during the summer. I am dedicated and hard working. I look forward to coaching for Illinois Extreme volleyball.

### **Amy Clementz-16 Gold**

Hello. My name is Amy Clementz. I am currently a senior at Illinois State University. I am majoring in Recreational Management with a minor in Coaching. I have played volleyball all my life. I am still currently playing on Illinois State's Women's Club Volleyball team. Last spring we won Nationals down in Dallas, Texas as a second year team. Some fun facts for you would be I love steak and lasagna and I cannot go a day without Mountain Dew.

### **Amy VanDerVoorn-18 Gold**

I am a Junior at Illinois Wesleyan University where I have played volleyball for the past three years as a middle and right side hitter. I played for Morton high School and Eastside Volleyball Club. I am majoring in Mathematics and plan to teach high school math and coach volleyball.

### **Stacy Hassinger-18 Gold**

I am originally from Westfield IN. My sophomore and junior year I lived in Shanghai China and played for the varsity volleyball team at Concordia International School in Shanghai both years. Senior year I played on the varsity team for Westfield High School. I also played club for Indy Juniors. I currently I am the setter at Illinois Wesleyan University.

## **Youth Coaches**

### **Kate Berry**

I am originally from Champaign, IL. I trained as a setter and defensive specialist at Champaign Central High School and also played for Primetime Volleyball Club. I graduated from Northern Illinois University with a teaching degree and a minor in coaching. While I was at school, I coached at Rockford Volleyball Club and Hiawatha Jr/Sr High School. Now I am a Social Studies teacher at Heyworth Jr/Sr High School. I have been the high school Head Volleyball Coach for 4 seasons. I have also spent 3 seasons coaching at Illini Elite, both travel and training teams, and I am excited to be working with the Illinois Extreme program this season. I stay busy in the winter by coaching 7th grade volleyball at Heyworth. My project this year has been to start a Youth Volleyball Program for 5/6th graders at Heyworth, since my goal as a coach is to spread the love and passion I have for the game of volleyball to others. For fun and relaxation, I love to shop, go to the park with my dog Joey, and spend time with my family.

### **Aimee Cottingham**

Hi! My name is Aimee Cottingham and this is my second year coaching at Illinois Extreme Volleyball Club. I graduated from Illinois State University in 2004 with a B.A. in History Education. I am currently the Social Studies teacher for Heyworth Junior High. I have been coaching volleyball for four years at several schools and clubs. I was the head volleyball coach at Eisenhower High School in Decatur, Illinois from 2005-2006. I also coached at John's Hill Middle School from 2004-2006 and won a city championship there with the 2005 team. I coached at Eastside Volleyball Club in Peoria, Illinois in 2005-2006. I look forward to this upcoming club season and working with our talented athletes!

### **David Mena**

My name is David Mena, I am a student at Illinois State University. Volleyball has always been one of my favorite sports. I played for three years in High School where I was captain of my varsity team and was selected All-Conference. I have had direct experience, countless hours of observation, and training assistance to lower levels. I am looking forward to the season and am prepared to give it all I've got.

### **Bethany Dulle**

Hello! My name is Bethany Dulle. I recently graduated from Marian College, I received MVP of Marian Volleyball in 2006 & 2008, All-Conference Team 2006 & 2008, All-Region Player 2006. I also played at Bradley in 2004, and University of Indianapolis in 2005-2006. I attended High School at Mt. Pulaski High School from 2000-2004, we received 3rd in State in 2001, & 2nd in State in 2002 & 2003.

**Lesley Harris**

Lesley currently works at Illinois State University in the College of Business and lives in Normal. She grew up in El Paso, Illinois where she played volleyball and then went on to manage the Illinois State Women's Volleyball team from 2000-2002. She also coached the freshman volleyball team at El Paso High School. She still plays volleyball whenever she gets a chance in recreational leagues.

**Natalie Quinton**

I spent most of my life in northern Illinois in Franklin Grove, IL and graduated from Sterling Newman Catholic High School. I played club for three years for Bottomline VBC (no longer in existence)--where I trained as a setter and outside hitter. I played for two years at Bradley University on scholarship as a libero then transferred to IWU to finish out my career. I am a utility player, playing outside, a little right side and defense for the Titans. I finished my career as a co-captain and also recorded 1000+ career digs.

I graduated this past year and plan to attend law school next fall. I coached the 6<sup>th</sup> grade volleyball team at Holy Trinity junior high and have assisted coaching both Coach Kim Nelson-Brown, head volleyball coach for IWU, and Scott Luster, head coach for Bradley

University, in many camps. Last year I coached the 14 & under team for Illinois Extreme Volleyball Club and have been with the club since the beginning. I am presently the freshmen and assistant Varsity coach at Bloomington Central Catholic High School.

### **Shanna Mackinson**

My name is Shanna Mackinson and I currently reside in Pontiac with my husband, Jesse. This past volleyball season I coached the freshman volleyball team at Pontiac Township High School and finished the season with a record of 18 - 3.

My volleyball career began in junior high at Heritage Hills Junior High School in Lincoln City, IN. I played four years of high school volleyball as a middle hitter at Heritage Hills High School and four years of club volleyball with Evansville River City Volleyball Club in Evansville, IN. I continued my volleyball career playing four years at a Division I school at Eastern Illinois University in Charleston, IL. In my career there as a middle hitter, my team was Ohio Valley Conference Tournament Champion. Consequently, my team was able to experience the NCAA tournament. My senior year concluded as a member of the Ohio Valley Conference Champion team, and my team placed second in the Ohio Valley Conference Tournament. My record still stands among the top ten for total career blocks, and I hold the school record for best career hitting percentage.

I received a Bachelor of Science Degree in Business from Eastern Illinois University. I am currently employed at Country Insurance and Financial Services in Bloomington. My hobbies include boating, being outdoors, spending time with my husband, family, and friends, and playing with my dog Ally.

### **JR Banister**

I was the Assistant Coach for Mt. Pulaski for 9 years. At this time I was also a coach for Central Illini Volleyball Club. For two years I coached for Lincoln Extreme Volleyball Club. In 2002 I was the freshman coach at University High School. For the past three years I have coached 7<sup>th</sup> and 8<sup>th</sup> grade volleyball at Holy Trinity. Last year I was the junior varsity coach at Central Catholic High School as well as the assistant coach on the varsity team. This is my second year coaching with Illinois Extreme Volleyball Club. I look forward to bringing an extensive coaching background to the club.

### **Emily Kabbes**

I am from Normal, IL and played club for Illinois Juniors. With Illinois Juniors I was selected as an USA Junior Olympic All-American in 2001 on a team that finished 5<sup>th</sup> nationally. I attended Central Catholic High School where I was a two-time Pantagraph All-Area selection and a two-time All-Conference selection. I received a full scholarship to Illinois State University where I just finished my career. At Illinois State I was a two-time First Team All-MVC team selection, and team leader in blocks. I have coached Illinois State Volleyball Camps for six years and have taught individual lessons many times. Last year I coached the 14 & under team for Illinois Extreme Volleyball Club. Currently I am a kindergarten teacher at Grove Elementary School and the Head Coach of Central Catholic High School Volleyball Team.

**Lori Johnson**

My name is Lori Johnson and I am currently a freshman at Illinois Wesleyan University. I am majoring in Business Administration and minoring in Spanish. I am from Bloomington, Illinois. My playing career started with club 9 years ago. I've played club for Illinois Juniors and Illini Elite over my career. I also played for my junior high, Chiddix Junior High, and high school, Normal Community High School. While at NCHS we went to state two out of my three years as a varsity starter. I am also a member of the team at Illinois Wesleyan. As far as coaching, I've coached many camps for Illinois Juniors VBC, NCHS, and IWU. This is my first year coaching for Illinois Extreme Volleyball Club and I am very excited to be a part of such a great program!

**Jenny Albert**

I'm from Naperville, Illinois and currently a freshman at Illinois Wesleyan University where I am majoring in Math. My goal is to be a High-School Math Teacher and Volleyball Coach. I've played volleyball for the past 7 years at both the school and club levels. At Naperville Central High School, I was a three sport athlete all four years, but volleyball was my main focus. During my junior year, we won the state championship. Currently as a freshman at IWU, I play both middle and right side. I started coaching volleyball during my junior year of high school, when I helped run our elementary/junior high summer camps. This will be my first year of coaching at Illinois Extreme. I look forward to working with our players and sharing my experience and love of volleyball with them.

**Crystal Dye**

My name is Crystal Dye. I a 23 year old soon to be college graduate from Illinois Wesleyan University. I am from Springfield, Illinois and love to play sports. Since elementary school, I have been a student athlete. Among the various sports, volleyball was one of my top choices. Since elementary school, I have been playing volleyball and was blessed to be able to continue my volleyball career at the collegiate level. I am excited about coaching your daughters. It is amazing to me to see in such a short period of time how well younger athletes refine their skills. I am looking forward to a fun season!